



Hike West Fest Essential Checklist

We're delighted to have you join us for an unforgettable adventure in the great outdoors. Taking a few moments to prepare properly will help ensure a safe, comfortable and enjoyable experience for everyone.

At Hike West Fest, we're committed to protecting the landscapes we explore. We ask all participants to follow the Leave No Trace principles by respecting nature, minimising waste and leaving our trails exactly as we found them. Together, we can help preserve these beautiful places for generations to come.

Please read the following information carefully before your hike.

Footwear

- ☐ Waterproof hiking boots with good grip (well broken in)

Dress for the Conditions

- ☐ Base layer
- ☐ Fleece or insulating mid-layer
- ☐ Warm outer layer
- ☐ Waterproof jacket
- ☐ Waterproof trousers
- ☐ Hiking socks
- ☐ Warm hat

Day Pack Essentials

- ☐ Comfortable backpack (15–30L)
- ☐ Minimum 1 litre of water
- ☐ Packed lunch and energy-boosting snacks
- ☐ Fully charged mobile phone

Be Ready for Changing Weather

- ☐ Buff or neck warmer
- ☐ Gloves
- ☐ Sunglasses
- ☐ Sunscreen
- ☐ Spare warm layer and dry socks
- ☐ Dry bag or waterproof backpack liner

Nice to Have

- ☐ Walking poles for extra support
- ☐ Sit mat for comfort during breaks
- ☐ Peak cap for sunny conditions
- ☐ Flask filled

Please Leave These at Home

- ☒ Denim or cotton clothing (these stay wet and cold)
- ☒ Heavy or bulky outerwear
- ☒ Unnecessary valuables or expensive electronics